



Proclamation

THE STATE OF TEXAS §
COUNTY OF COMAL §
CITY OF NEW BRAUNFELS §

WHEREAS, chronic musculoskeletal pain is a widespread problem in the United States and around the world due to factors such as the aging population, an increase in obesity, and sedentary lifestyles; and

WHEREAS, worldwide, back pain is the single leading cause of disability and historically one of the most common reasons why people are prescribed opioid pain medications; and

WHEREAS, the number of people worldwide living with back pain is projected to increase by 36% to more than 800 million over the next 30 years; and

WHEREAS, pain medications have for years been the go-to treatment for musculoskeletal conditions; however, research today shows that opioid pain medications are not a good strategy for managing chronic low back pain long term and many people prefer better, safer options to manage their pain; and

WHEREAS, clinical guidelines from leading healthcare organizations such as the CDC and the American College of Physicians now encourage patients with common musculoskeletal pain to try non-drug treatments first; and

WHEREAS, research studies demonstrate that patients who receive chiropractic services first may be able to significantly reduce or eliminate their reliance on prescription opioids; and

WHEREAS, doctors of chiropractic are experts in musculoskeletal health and offer a variety of non-drug approaches to treat musculoskeletal conditions such as back pain, neck pain, joint pain and tension headaches, along with advice on nutrition, injury prevention, ergonomics, and lifestyle modifications for optimal health and wellness; and

WHEREAS, with the theme “Get Started with Chiropractic,” National Chiropractic Health Month 2025 reminds citizens of New Braunfels that chiropractors can help them maintain and improve their musculoskeletal health throughout their lifetime and may also help them to reduce their need for prescription pain medications for common musculoskeletal conditions.

NOW THEREFORE, be it resolved, that I, Neal Linnartz, Mayor of the City of New Braunfels, Texas, hereby proclaim October 2025 as

"National Chiropractic Health Month"

in New Braunfels and officially join with the American Chiropractic Association (ACA) and Texas Chiropractic Association (TCA).

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of New Braunfels to be affixed this the 27th day of October 2025.

CITY OF NEW BRAUNFELS

NEAL LINNARTZ, Mayor