



Proclamation

THE STATE OF TEXAS §
COUNTY OF COMAL §
CITY OF NEW BRAUNFELS §

Recognizing October 21, 2025 as “Unplug Texas Day” in the City of New Braunfels

WHEREAS, Unplug Texas Day was created by the Texas Recreation and Park Society (TRAPS) and adopted by the Texas Legislature through Senate Bill 2232, authored by Senator Adam Hinojosa and sponsored by Representative Ben Bumgarner; and

WHEREAS, Unplug Texas Day encourages residents to disconnect from digital devices and engage in outdoor play, recreation, and community activities offered by local parks and recreation agencies; and

WHEREAS, on average, Americans spend over seven hours per day in front of screens, contributing to rising rates of inactivity, poor mental health, and sleep disruption; and

WHEREAS, parks and recreation facilities such as trails, open spaces, pools, and recreation centers provide safe and accessible places for people of all ages to unplug, be active, and connect with nature and one another; and

WHEREAS, research shows that time spent outdoors improves mental clarity, reduces stress, increases physical activity, and fosters strong community bonds; and

WHEREAS, the City of New Braunfels values the vital role that parks and recreation plays in enhancing quality of life, health, and community connection; and

WHEREAS, the City encourages residents to participate in Unplug Texas Day by visiting local parks, engaging in screen-free play, and enjoying recreational activities with family, friends, and neighbors;

NOW, THEREFORE, I, Neal Linnartz, Mayor of the City of New Braunfels, Texas do hereby proclaim October 21, 2025, as

"Unplug Texas Day"

in the City of New Braunfels and encourage all residents to celebrate by unplugging from technology and plugging into Texas’ abundant parks, trails, and recreation opportunities.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of New Braunfels to be affixed on the 13th day of October, 2025.

CITY OF NEW BRAUNFELS

Neal Linnartz, Mayor