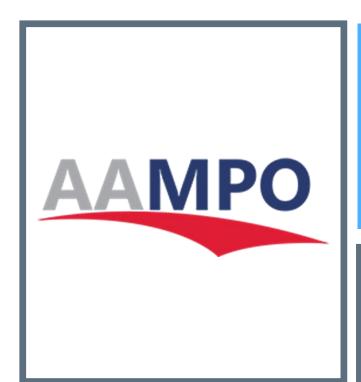
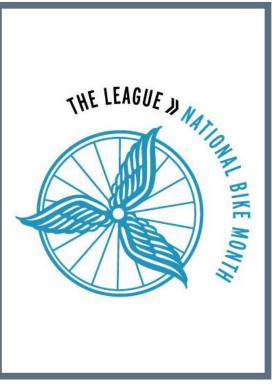


# National Bike Month

NEW BRAUNFELS & THE ALAMO REGION





## May is National Bike Month

Sponsored by the League of American Bicyclists, and celebrated in communities from coast to coast.

Alamo Area Metropolitan Planning Organization (AAMPO) is the regional organizer.

New Braunfels has a bike community

Biking is a life-long recreational and healthminded activity

Biking is low

### WHY CELEBRATE BIKE MONTH?

BIKING IS FUN: Biking brings people together, encourages discovery, and fosters community engagement.

BIKING IS HEALTHY: Bicycling can integrate physical activity into our daily routines.

BIKING IS GREEN: Biking curbs your carbon footprint, reduces air pollution and reliance on fossil fuels.

BIKING SAVES MONEY: Biking cuts parking, gas and other driving costs while reducing traffic congestion









#### May Bike Activities

Bike tune-up discounts

Bike to School Day

Bike to Work Day

Energizer Station host

#### Social Rides

- Beers & Gears Ride
- New Braunfels Cycling host Tuesday, Wednesday, and Thursday rides
- Sunday Snails Family friendly
- Ladies Ride
- Street Skills Class

Full calendar will be available online