



Proclamation

THE STATE OF TEXAS §
COUNTY OF COMAL §
CITY OF NEW BRAUNFELS §

WHEREAS, chiropractors are physician-level healthcare providers who focus on the whole person as part of their hands-on, non-drug approach to pain management and health promotion, and who have special expertise in the prevention, care, and rehabilitation of musculoskeletal conditions and injuries; and

WHEREAS, chiropractors were identified in a March 2020 memo by the U.S. Department of Homeland Security as part of the essential healthcare workforce and many have continued to serve their patients and communities since the beginning of the COVID-19 pandemic; and

WHEREAS, with many Americans working from home and attending school online since the beginning of the pandemic, the incidence of musculoskeletal conditions has grown due in part to an increase in sedentary lifestyles, poor posture and stress; and

WHEREAS, even before the pandemic, musculoskeletal conditions have been commonly reported medical conditions for adults and seniors; among them, low back pain is the single leading cause of disability worldwide, preventing people from participating in daily and recreational activities; and

WHEREAS, chiropractic care is widely recognized as one of the safest nondrug, noninvasive approaches available for the treatment of low back pain and other musculoskeletal complaints; and

WHEREAS, in addition to their expertise in spinal manipulation, chiropractors have broad diagnostic skills and are trained to recommend therapeutic and rehabilitative exercises, and to provide nutritional, dietary and lifestyle advice; and

WHEREAS, National Chiropractic Health Month serves as a reminder to all citizens of New Braunfels that noninvasive, nondrug treatments for low back pain and other musculoskeletal conditions such as spinal manipulation and other chiropractic services, combined with an active, healthy lifestyle, may lessen or eliminate the need for riskier, potentially addictive treatments such as prescription pain medications and surgery.

NOW, THEREFORE, I, RUSTY BROCKMAN, Mayor of the City of New Braunfels, Texas, do hereby proclaim the month of October 2020 as

CHIROPRACTIC HEALTH MONTH

in New Braunfels, Texas, and encourage all residents to support the “Active and Adaptive” campaign to take steps toward better musculoskeletal health.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of New Braunfels to be affixed this 12th day of October 2020.

CITY OF NEW BRAUNFELS, TEXAS

BY: _____
RUSTY BROCKMAN, Mayor