

Legislation Text

File #: 19-158, **Version:** 2

Presenter/Contact

Patrick O'Connell, Assistant Fire Chief
(830) 221-4204 - POConnell@nbtexas.org

SUBJECT:

Approval of a contract for medical examinations and health testing through Life Extension Clinics Inc D/B/A Life Scan Wellness Centers for the City Firefighters at an annual cost of \$70,380.

BACKGROUND / RATIONALE:

The Fire department is required to perform Physical Exams on its firefighters to assess their fitness for duty. Specific types of physicals are required to meet OSHA and NFPA 1582 and 1583 guidelines as well as other wellness fitness requirements. These physicals are much more in-depth than a standard physical offered through our medical plan. These physicals are designed for emergency services first responders that come in contact with various types of hazardous materials that our employees encounter.

On February 13, 2019 competitive bids were received with one (1) response received from Life Extension Clinics Inc D/B/A Life Scan Wellness Centers, herein referred to as "Life Scan Wellness Centers". Life Scan Wellness Centers meets the specified requirements at a cost \$510 per physical exam. The Fire Department will require approximately 138 physicals annually. The estimated contract expenditures for FY 18/19 is \$70,380, which includes additional new staff. This is a 12-month contract with four (4) annual renewals. The cost will include an annual Medical Price Index increase not to exceed 5%. The Fire Department recommends awarding to Life Scan Wellness Centers to perform physical exams to meet the required standards.

ADDRESSES A NEED/ISSUE IN A CITY PLAN OR COUNCIL PRIORITY:**City Council Priority:**

Strategic Priorities: 17. Ensure expanded age-appropriate educational, workforce development and literacy opportunities.

FISCAL IMPACT:

Funding for these expenditures above are incorporated into the appropriate FY 2018-19 department budget, therefore, sufficient funds are available.

COMMITTEE RECOMMENDATION:

N/A

STAFF RECOMMENDATION:

Staff recommends approval of a contract for medical examinations and health testing through Life Extension Clinics Inc D/B/A Life Scan Wellness Centers for the City Firefighters at an annual cost of \$70,380.