

# City of New Braunfels, Texas

550 Landa Street New Braunfels, TX

# **Legislation Text**

File #: 21-332, Version: 1

#### PRESENTER:

Stacey Dicke, Parks and Recreation Director

#### **SUBJECT:**

Presentation of an Arts and Humanities Award from the Texas Recreation and Park Society recognizing "Recipes for the Soul" Cookbook.

**DEPARTMENT:** Parks and Recreation

**COUNCIL DISTRICTS IMPACTED: N/A** 

### **BACKGROUND INFORMATION:**

The Texas Recreation and Park Society held their annual meeting and award ceremony on March 10, 2021. An Arts and Humanities Award was presented to the Parks and Recreation Department honoring "Recipes for the Soul" Cookbook.

Recipes for the Soul was a partnership between the Parks and Recreation Department and the New Braunfels Cemetery Committee. Recipes for the Soul is described as a compendium of tantalizing recipes, tales of love and loss, a bit of New Braunfels history and tips for soothing the soul. The book proceeds are a fundraiser for cemetery preservation with over \$6,000 currently raised.

Two volunteers, Raenel Schertz and Vicki Hamel, both hometown New Braunfels girls, were responsible for compiling both the recipes and stories included in the book. Their work on the book and the research they provided was outstanding.

All photography in the book was shot by Megan Foster, Creative Marketing Coordinator for the city. She also developed and laid out the entire book. The original artwork was drawn and donated by Ms. Foster's husband, Rick. Research was conducted by the entire Committee along with Parks and Recreation staff.

Inside the pages you will find easy to transport dishes, libations for reminiscing (and loosening the tongue), hearty meals to feed the mourning, and plenty of advice, comfort and good fun! In addition, the book gives advice on hosting a funeral reception as well as writing an obituary. The customs behind Dia De Los Muertos and Totenfest are revealed and recipes are featured of both Mexican and German heritage that honor those cultures.

### **ISSUE:**

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N/A		
FISCAL IMPACT: N/A		

# **RECOMMENDATION:**

N/A